### FIRST AID DO’S AND DON'TS

#### When bitten by a snake...

**DO**
- Move victim from danger
- Call the medical response number.
- Remove all jewellery
- Circle the site of the bite with a pen and note the time
- Immobilize the affected limb.
- Help calm the patient.
- Position the victim while lying on the side, to ensure an open airway
- Help move the victim into the ambulance, once it arrives.

**DON’T**
- Panic (and neither should the victim)
- Pursue or try to kill the snake
- Apply tourniquet or tight clothing
- Use the affected limb
- Use traditional methods such as herbs or black stones to try and extract the venom

#### When spit in the eyes

**DO**
- Irrigate the eye with a lot of water/milk/urine
- Call the emergency number
- Put a pad over the affected eye

**DON’T**
- Rub the eye

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**Kenya Snakebite Research and intervention centre (K-SRIC)**

Snakebite Emergency Response System (SERS)